

CURRICULUM VITAE

Robert Weathers, Ph.D.

Contact Information

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Education

Ph.D. Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA, (APA-approved), 1985

---Major: Clinical Psychology

---Doctoral dissertation: *Meditation, altered states, and unpleasant experiences: A structural-developmental analysis.*

---Master's thesis: *Locus of control and attention differences in the aging process.*

---Selected for *Who's Who in America*

---Selected for *Who's Who in California*

---Selected for *Who's Who in Medicine and Healthcare*

---Selected for *Who's Who in Health Professionals in America*

---Selected for *Who's Who in Los Angeles Health Care*

M.A. Fuller Theological Seminary, Pasadena, CA, 1983

---Major: Religious Studies

---Travis Award for Integration of Psychology and Religion in a Theoretical Study, 1984

B.A. Fresno Pacific College, Fresno, CA, 1979

---Double major: (1) Psychology, (2) Religious Studies

---Bachelor's thesis: *Dualism or holism?: A look at biblical anthropology, ethics, and human health.*

---"Outstanding Student Award" (Valedictorian)

---Selected for *Who's Who in American Colleges and Universities*

---Selected for *National Dean's List*

---Selected for *Outstanding Young Men of America*

Employment and Experience

Educational Settings

Faculty Mentor in Doctor of Clinical Psychology Degree Program (including course development, online instruction, supervision of doctoral dissertations, grading students' level of performance, consultation with students and faculty), School of Behavioral Sciences, California Southern University, Costa Mesa, CA, 2018-2019

Consultant for Curriculum, Research, & Program Development (including new course development, online dissertation advisement, online seminar presentation, staff training and consultation, participation in university policy making), School of Behavioral Sciences, California Southern University, Costa Mesa, CA, 2010-2018

Adjunct Instructor in Counseling Master's Degree Program (including course development, classroom and online instruction, supervision of skills-building exercises, grading students' level of performance, consultation with students and faculty), Argosy University, Orange County campus, CA, 2014

Core Faculty for Integral Recovery Certificate Program (including course development, classroom and online instruction, supervision of skills-building exercises, grading students' level of performance, consultation with students and faculty), Integral Recovery Institute, Teasdale, UT, 2014

Adjunct Instructor in Forensic Psychology Master's Degree Program (including course development, classroom and online instruction, supervision of skills-building exercises, grading students' level of performance, consultation with students and faculty; awarded Argosy University Certificate of Appreciation ["for outstanding performance and lasting contribution to student education and growth"]), Argosy University, Los Angeles & Orange County campuses, CA, 2011-2012

Director of Clinical Training in Masters' Degree and Doctoral Degree Programs (including course development, online course instruction and practicum supervision, supervision of staff skills-building exercises, grading students' level of performance, consultation with students and faculty, participation in policy making), School of Behavioral Sciences, California Southern University, Santa Ana, CA, 2008-2010

Adjunct Instructor in Counseling Psychology Master's Degree Program (including course development, classroom instruction, supervision of skills-building exercises, grading students' level of performance, consultation with students and faculty), California State University, San Bernardino, CA, 2008

Adjunct Instructor in Humanities Division of Bachelor's Degree Program (including course development, classroom instruction, facilitation of distance learning, grading students' level of performance, consultation with students and faculty), Granite State College, University of New Hampshire, Conway, NH, 2004-2006

Visiting Professor of Clinical Psychology in Doctoral Degree Program (including course development, classroom instruction, supervision of skills-building exercises, grading students' level of performance, consultation with students and faculty), Loma Linda University, Loma Linda, CA, 2002

Professor of Clinical Psychology in Master's Degree and Doctoral Degree Programs (including directorship of master's-level Marriage, Family, & Child Counseling training program, course development, classroom instruction, supervision of skills-building exercises, grading students' level of performance, consultation with students and faculty, supervision of doctoral dissertations, participation in policy-making committees; awarded Charles and Harriet Luckman Distinguished Teaching Fellowship [highest university honor given to teaching faculty]), Pepperdine University Graduate School of Education and Psychology, Culver City, CA, 1986-2001

Visiting Professor of Counseling Psychology in Master's Degree Programs (including directorship of master's-level Marriage, Family, & Child Counseling training program, course development, classroom instruction, supervision of skills-building exercises, grading students' level of performance, consultation with students and faculty, supervision of master's theses, participation in policy-making committees), Pacifica Graduate Institute, Santa Barbara, CA, 1992-1993, 1998-1999

Teaching Assistant in Psychology Department for Orrin Berg, Ph.D. (including substitute classroom instruction, formulating tests and assignments, grading students' level of performance), Fresno Pacific University, Fresno, CA, 1978-1979

Teaching Assistant in Religious Studies Department for Howard Loewen, Ph.D. (including substitute classroom instruction, formulating tests and assignments, grading students' level of performance), Fresno Pacific University, Fresno, CA, 1978-1979

Vocational Counselor (including individual assessment & counseling; classroom presentations; and group workshops), Campus Career Center, Redwood High School, Visalia, CA, 1977-1978

Mental Health Settings

Recovery Coach & Addiction Educator (outpatient clientele presenting with primary presenting problem of substance abuse; professional consultation; seminar presentations), private practice office in Newport Beach, CA, 2010-present

Addiction Educator (co-founder of "Your Vitality Project," online addiction education resource for individuals in recovery, their loved ones, and healthcare professionals working with this population; multiple weekly online group facilitation; monthly online workshops and weekly online live interviews; daily online video posts), Santa Clarita, CA, 2019-2021

Recovery Coach & Addiction Educator (inpatient clientele presenting with primary presenting problem of substance abuse; psychoeducational groups; staff in-service training), American Addiction Institute of Mind and Medicine, Santa Ana, CA, 2018-2021

Recovery Coach & Addiction Educator (inpatient clientele presenting with primary presenting problem of substance abuse; psychoeducational groups; staff in-service training), Livingood Center, Costa Mesa, CA, 2018-2021

Recovery Coach & Addiction Educator (inpatient clientele presenting with primary presenting problem of substance abuse; psychoeducational groups; staff in-service training), Beachside Treatment Center, Fountain Valley, CA, 2018-2021

Recovery Coach & Addiction Educator (inpatient clientele presenting with primary presenting problem of substance abuse; psychoeducational groups; staff in-service training), Sobertec Treatment Center, Aliso Viejo, CA, 2018-2019

Recovery Coach & Addiction Educator (inpatient clientele presenting with primary presenting problem of substance abuse; psychoeducational groups; staff in-service training), Beginnings Treatment Center, Santa Ana, CA, 2016-2019

Clinical Director (at outpatient treatment facility [clientele presenting with primary diagnosis of substance abuse], including supervision of multidisciplinary, recovery-focused staff, including in-service training), Wellminded Center, Irvine, CA, 2014

Licensed Clinical Psychologist (including individual and group modalities of adolescent, adult, marital, and family therapy; psychological assessment; school and professional consultation; seminar presentations), private practice offices in Malibu & Santa Monica, CA, 2007-2010

Staff Psychologist (at inpatient residential treatment facility [clientele presenting with dual diagnosis of substance abuse and other psychiatric disorders], including individual and group modalities of adult, marital, and family therapy; psychological assessment; supervision of interns; coordination of multidisciplinary staff in-service training), Stone Eagle Retreat Center, Malibu, CA, 2007-2008

Supervising Psychologist (at outpatient treatment facility [clientele including preschool children and their families] including clinical supervision of doctoral-level interns and masters-level trainees, seminar development and presentation, consultation with students and faculty, participation in policy-making committees), START Clinic, affiliated with California State University, San Bernardino, CA, 2007-2008

Licensed Clinical Psychologist (including individual and group modalities of adolescent, adult, marital, and family therapy; supervision of master's-level interns; school and professional consultation; seminar presentations), Mount Washington Valley Psychological Services, Conway, NH, 2004-2007

Clinical Director (in charge of residential treatment [clientele presenting with dual diagnosis of substance abuse and other psychiatric disorders], including individual and group modalities of adult, marital, and family therapy; psychological assessment; supervision of interns; coordination of multidisciplinary staff in-service training), Passages Substance Abuse Treatment Center, Malibu, CA, 2002-2004

Licensed Clinical Psychologist (including individual and group modalities of adolescent, adult, marital, and family therapy; psychological assessment; supervision of interns; school and church consultation; seminar presentations), private practice office in West Los Angeles, CA, 1992-2003

Licensed Clinical Psychologist (including individual and group modalities of adolescent, adult, marital, and family therapy; psychological assessment; supervision of interns; school and church consultation; seminar presentations), Weathers & Associates Psychological Clinic, Pasadena, CA, 1987-1992

Psychological Assistant (including adolescent, adult, marital, and family therapy; psychological assessment; seminar presentations), El Dorado Psychological Group, Pasadena, CA, 1983-1987

Registered Psychologist (including child therapy; coordination of staff in-service training; supervision of predoctoral practicum students; school consultation), Pasadena Children's Training Society (The Sycamores), Pasadena, CA, 1985-1986

Psychology Intern (including individual and group therapy with adolescents and adults; school consultation and education), University of Southern California Student Counseling Center, Los Angeles, CA, 1984-1985

Psychology Intern (including child, adolescent, and family therapy; psychological assessment; school consultation; parent education), Anaheim Child Guidance Center, Anaheim, CA, 1983-1984 (APA-approved)

Student Clinician (residential treatment with autism-spectrum children), Covenant House, affiliated with the Psychological Center, Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA, 1983

Psychology Clerk (including group therapy with children and adolescents; psychological assessment across all age groups; volunteer), Los Angeles County/University of Southern California Medical Center, Los Angeles, CA, 1982-1983

Student Clinician (including child and family therapy; school consultation), Child Development Clinic, affiliated with the Psychological Center, Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA, 1982-1983

Community Psychology Consultant (administrative problem-solving with gerontological population; volunteer), Scripps Home, Pasadena, CA, 1982

Student Clinician (including individual, group, and family psychotherapy with adult clients and their families; program development), Inter-Community Alternatives Network (I-CAN), a county-funded partial hospitalization program affiliated with the Psychological Center, Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA, 1980-1983

Research Assistant (psychological testing and evoked potential data collection with gerontological population; volunteer), Andrus Gerontology Center, University of Southern California, Los Angeles, CA, 1981

Student Trainee (including child adolescent, adult, marriage and family, and gerontological assessment and psychotherapy; volunteer), Pasadena Community Counseling Center, affiliated with the Psychological Center, Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA, 1980-1982

Student Clinician (residential treatment with autism-spectrum children; volunteer), Covenant House, affiliated with the Psychological Center, Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA, 1980

Mental Health Assistant (paid), Tulare View Hospital (short-term intensive care psychiatric unit), Tulare, CA, 1978-1979

Professional Boards

Member of Board (including participation in new program and fund-raising development and administrative policy-making), Norooz Clinic Foundation, Santa Ana, CA, 2022-present

Member of Board (including participation in fund-raising development for non-profit organization), Ken Wilber Gratitude Fund, Teasdale, UT, 2015-present

Member of Board of Governors (including participation in curriculum and new program development, university policy-making), Perelandra College, La Mesa, CA, 2010-present

References

Ehsan Gharadjedaghi, Psy.D., clinical director of American Addiction Institute in Santa Ana, CA; (949) 310-2993 (professional colleague in clinical work and personal friend)

Kevin Fujimoto, Psy.D., private practice in Redondo Beach, CA; (808) 218-8733 (former student in doctoral program in clinical psychology at Pepperdine University, supervisee in postdoctoral clinical work, professional colleague in clinical work, and personal friend)

John Dupuy, M.A., author of *Integral Recovery* and CEO of *iAwake Technologies* in Teasdale, UT; (435) 691-1193 (professional colleague and personal friend)

Guy Du Plessis, M.A., co-author of *Building Recovery Resilience: Skills for Addiction Recovery and Relapse Prevention* and faculty member at Utah State University and California Southern University; +27 (83) 543-2015 (South Africa) (professional colleague, co-author, and personal friend)

Cheryl Bildner, Ph.D., c/o Mt. Washington Valley Psychological Services, Conway, NH; (603) 447-2453 (professional colleague in clinical work and personal friend)

James Finley, Ph.D.; author of *Transforming Trauma* and faculty member at Center for Contemplation and Action in Albuquerque, NM; (310) 367-1180 (professional colleague in clinical work, fellow student in graduate school, and personal friend)

Selected Publications

Du Plessis, G., Tollefson, D., Weathers, R., & Webb, K. (in press), *Building recovery resilience: Addiction recovery and relapse prevention workbook*. Cambridge, UK: Cambridge University Press.

Du Plessis, G., Tollefson, D., Weathers, R., & Webb, K. (in press), *The recovery resilience program for addiction recovery: Facilitator's guide*. Cambridge, UK: Cambridge University Press.

Weathers, R.S. & Fujimoto, K. (in press). *Imagine: Creative exercises in art, poetry, & music*. [including audio-visual resources]. Redmond, WA: Amazon Kindle.

Weathers, R.S. & Prater, D. (submitted for publication). *The gift of gratitude*. [CD]. Teasdale, UT: iAwake Technologies.

Weathers, R.S. (2021). Foreword. In J. Dupuy, *Integral recovery: A revolutionary approach to the treatment of alcoholism and addiction*. [Audiobook]. Albany, NY: State University of New York Press.

Weathers, R.S. & Tate, A. (2021). *Reflections: A father, his daughter, and you*. [including audio-visual resources]. Redmond, WA: Amazon Kindle.

Weathers, R.S. (2020). Drum royalty: Dr. Bill Bruford – A word about time – An interview with a modern master. *21st Century Drummer*, 3, 43-46.

Weathers, R.S. (2020). Spirit: Spiritual law #2 for drummers. *21st Century Drummer*, 3, 15-16.

Weathers, R.S. (2020). 5 spiritual laws for drummers -- Infographic. *21st Century Drummer*, 3, 14.

Weathers, R.S., et al. (2020). *Lessons in forgiveness*. [2-part documentary available on YouTube]. Bangalore, India: Positive Revolution Films.

Weathers, R.S. (2019). Spirit: 5 spiritual laws for drummers – An introduction. *21st Century Drummer*, 2, 20-23.

Weathers, R.S. (2019). Spirit: 7 keys to unblocking flow. *21st Century Drummer*, 1, 15-17.

Weathers, R.S. & Prater, D. (2017). *The freedom of forgiveness*. [CD]. Teasdale, UT: iAwake Technologies.

Weathers, R.S. (2016). Foreword. In S.H. Block, C.B. Block, & G. du Plessis, *Mind-body workbook for addiction: Effective tools for substance abuse recovery and relapse prevention* (pp. 1-4). Oakland, CA: New Harbinger Press.

Teyber, E., McClure, F., & Weathers, R.S. (2011). Shame and the family: Transmission across generations. In R. L. Dearing & J. P. Tangney (Eds.), *Shame in the therapy hour*. Washington, D.C.: American Psychological Association Press.

Gentile, S., Asamen, J., Harmell, P., & Weathers, R.S. (2002). The stalking of psychologists by their clients. *Professional Psychology: Research and Practice*, 33, 490-494.

Weathers, R.S. (2000). The archetypal nature of percussion: Bridging psyche and soma. In S. Galipeau (Ed.), *On the shores of the psyche: Seeking further understanding in Jungian psychology*. Los Angeles: C. G. Jung Institute.

Weathers, R.S. (2000). The rhythm of eros: A prospectus for analyzing human interaction in archetypal and clinical perspective. In W. Riess (Ed.), *Breakdown & breakthrough: Jungian psychology at the millennium*. San Francisco: C. G. Jung Institute.

Jacoby, M. (1999). *Jungian psychotherapy and contemporary infant research: Basic patterns of emotional exchange* (R.S. Weathers, trans.). London: Routledge.

Nelson, D., & Weathers, R.S. (1998). Necessary angels: Music and healing in psychotherapy. *Journal of Humanistic Psychology*, 38, 101-108.

Weathers, R.S. (1995). Reconciliation: The work of Ralph Martin and its implications for psychotherapeutic practice. *Journal of Psychology and Christianity*, 14, 365-373.

Allman, L., De La Rocha, O., Elkins, D., & Weathers, R.S. (1992). Psychotherapists' attitudes toward clients reporting mystical experience. *Psychotherapy*, 29, 564-569.

Weathers, R.S. (1990). Dream theory and research. In R. J. Hunter (Ed.), *Dictionary of Pastoral Care and Counseling*. Nashville, TN: Abingdon Press.

Winocur, N., & Weathers, R.S. (1990). The false transformational promise of cults: Archetypal dynamics. *Journal of Cultic Studies*, 7, 160-173.

Hedgespeth, J., & Weathers, R.S. (1990). The evil within versus the evil without: The importance of understanding the client's attributions to evil. *Journal of Pastoral Counseling*, 25, 80-89.

Weathers, R.S. (1986). Meditation, altered states, and unpleasant experiences: A structural-developmental analysis. *Dissertation Abstracts International*, 46, 3620-3621. (University Microfilms Order No. DA8526351).

Weathers, R.S. (1985). Locus of control and attention differences in the aging process. *Masters Abstracts International*, 23, 223. (University Microfilms Order No. MA1322816).

Weathers, R.S. (1984). The limits of human wisdom: Scientific knowledge and religious commitment. *Journal of American Scientific Affiliation*, 36, 45-46.

Weathers, R.S. (1984). (Review of *Spirituality and human emotion*). *Journal of American Scientific Affiliation*, 36, 118-120.

Weathers, R.S. (1983). Dualism or holism?: A look at biblical anthropology, ethics, and human health. *Journal of American Scientific Affiliation*, 35, 80-83.

Selected Presentations

Weathers, R.S. (2022, April). *Recovery resilience vs. shame and trauma: Necessary innovations in addiction treatment*. Webinar presented nationwide to healthcare professionals, sponsored by Behavioral Health Association of Providers, Los Angeles, CA.

Weathers, R.S. (2022, March). *Treating sex addiction*. Online radio interview with Hash Tag Our Stories, Johannesburg, South Africa.

Weathers, R.S. (2022, January). *Addicted to online gambling*. Online radio interview with Hash Tag Our Stories, Johannesburg, South Africa.

Weathers, R.S. (2021, November). *Shame, addiction, and healing*. Online radio interview with Close Up Radio, San Antonio, TX.

Weathers, R.S. (2021, October). *Cultural competency in treating substance use disorder*. Workshop presented to healthcare professionals at California Addiction Conference, Newport Beach, CA.

Weathers, R.S. (2021, October). *Addiction and recovery from the inside*. Online radio interview with Close Up Radio, San Antonio, TX.

Weathers, R.S. (2021, August). *Shame, guilt, and addiction*. Online podcast presented to Sandstone Care, Denver, CO.

Weathers, R.S. (2019, September). *Un-shaming as essential to recovery from addiction to alcohol and other drugs*. Continuing education workshop series presented to healthcare professionals and public for Empower Idaho, Pocatello, ID.

Weathers, R.S. (2019, April). *Cultural competency in treating substance use disorder*. Webinar presented to healthcare professionals at Community Care Network of Kansas, Topeka, KS.

Weathers, R.S. (2019, April). *From rx to heroin: Reducing stigma and spreading awareness of substance abuse*. Keynote address presented at Temple University School of Pharmacy, Philadelphia, PA.

Weathers, R.S. (2018, October). *Un-shaming as essential to recovery from addiction to alcohol and other drugs*. Continuing education workshop presented to the Texas Pharmacists Association, Austin, TX.

Weathers, R.S. (2018, June). *Bridging the gap: Integrating family therapy and addiction counseling*. Keynote workshop presented at American Pharmacists Association Conference, Salt Lake City, CA.

Weathers, R.S. (2018, May). *Finding grace: An introduction to addiction, shame, stigma, and recovery*. Keynote workshop presented at American Pharmacists Association Conference, Salt Lake City, CA.

Weathers, R.S. (2018, February). *Addiction, shame, relationships, & recovery*. Workshop presented to California Association of Marriage and Family Therapy, Orange County Chapter, Costa Mesa, CA.

Weathers, R.S., & Fraser, L. (2017, December). *Shame, addiction, & recovery*. Podcast interview presented to Radical Recovery Summit, Palm Springs, CA.

Du Plessis, G., and Weathers, R.S. (2015, July). *The integral Jan Smuts*. Paper presented at the Fourth Biennial Integral Theory Conference, California State University, Sonoma, Rohnert Park, CA.

Weathers, R.S., and Kelly, C.M. (2015, January). *Plural recovery: Evidence-based relapse prevention for couples*. Workshop presented to mental health professionals at Evolution of Addiction Conference, Los Angeles, CA.

Weathers, R.S., and Kelly, C.M. (2015, January). *Forgiveness in the therapy hour*. Workshop presented to graduate students in psychology at HIS University, Corona, CA.

Weathers, R.S. (2014, October). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Workshop presented at Lifestyle Interventions Conference, Las Vegas, CA.

Weathers, R.S. (2014, September). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Workshop presented to clinical staff, administration, and clients at Salvation Army Adult Rehabilitation Center, Anaheim, CA.

Weathers, R.S. (2014, September). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Seminar presented to Women's Association for Addiction Treatment, Costa Mesa, CA.

Weathers, R.S. (2014, July). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Continuing education webinar presented to mental health professionals at Sovereign Health, San Clemente, CA.

Weathers, R.S., and Kelly, C.M. (2014, July). *Family dynamics in addiction treatment: Integrating neuroscience, attachment theory, and emotionally focused therapy*. Workshop presented to graduate students in psychology at HIS University, Corona, CA.

Weathers, R.S. (2014, May). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Workshop presented to graduate students in psychology at Argosy University, Orange, CA.

Weathers, R.S. (2014, May). *Family dynamics in addiction treatment*. Panel sponsored by Addiction Professional Magazine and presented to mental health professionals, Orange, CA.

Weathers, R.S. (2014, March). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Workshop presented to clinical staff and administration at Pacific Clinics, Moreno Valley, CA.

Weathers, R.S. (2014, March). *Addiction studies certificate*. In-service training presented to administration and staff at California Southern University, Irvine, CA.

Weathers, R.S. (2014, January). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Workshop presented to graduate students in psychology at HIS University, Corona, CA.

Weathers, R.S. (2013, December). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Workshop presented to clinical staff and administration at Matrix Institute for Addiction, Rancho Cucamonga, CA.

Weathers, R.S. (2013, November). *Recovery without shame or stigma: Contributions from the neuroscience of addiction*. Workshop presented to clinical staff and administration at Matrix Institute for Addiction, West Los Angeles, CA.

Weathers, R.S. (2013, November). *Rewiring the brain with gratitude*. In-service training presented to administration and staff at California Southern University, Irvine, CA.

Weathers, R.S. (2013, August). *Spiritual resources in counseling addicted individuals in recovery*. Workshop presented to graduate students in psychology at HIS University, Corona, CA.

Weathers, R. S. (2013, March). *Forgiveness practice*. Workshop presented to public, Against the Stream Buddhist Meditation Society, Santa Monica, CA.

Weathers, R. S. (2012, December). *Mindfulness: How to change your brain in 8 weeks or less*. In-service training presented to administration and staff at California Southern University, Irvine, CA.

Kelly, C., & Weathers, R. S. (2012, October). *Healing and transforming shame*. 1-day workshop presented to professional mental health counselors in Northridge, CA.

Weathers, R. S., & Kelly, C. (2012, October). *Training the emotionally intelligent therapist*. Seminar presented to graduate psychology students at California State University, Northridge, CA.

Weathers, R. S., & Kelly, C. (2012, March). *Breaking the cycle of shame in families*. Seminar presented to graduate psychology students at California State University, Northridge, CA.

Weathers, R. S., & Kelly, C. (2011, July). *Cutting-edge therapy: What works and why it works*. Seminar presented to graduate psychology students at California State University, Northridge, CA.

Weathers, R. S. (2011, July). *An attachment perspective on the etiology and treatment of substance abuse and addiction*. Seminar presented to graduate psychology students at Argosy University, Los Angeles, CA.

Weathers, R. S. (2011, June). *Post-traumatic stress disorder for returning military veterans and the rediscovery of meaning: Utilizing online resources for research and community outreach*. Video interview for online presentation to faculty, graduate psychology students, and mental health professionals at California Southern University, Irvine, CA.

Weathers, R. S., & Hassell, G. (2010, October). *The sunrise ruby: Rumi on what love is and what it takes to sustain it*. Seminar presented to the public at the Mystic Journey Bookstore, Venice, CA.

Weathers, R. S. (2010, September). *An interview with Dr. Bonnie Badenoch*. [available on YouTube] Interview presented online to faculty, graduate psychology students, and mental health professionals at California Southern University, Irvine, CA.

Weathers, R. S. (2009, October). *Interpersonal neurobiology in the online training of psychotherapists*. Seminar presented at Summit Conference for International Healthcare Workers Day, California State University, Long Beach, CA.

Grimes, B., & Weathers, R. S. (2009, October). *Helping the multiculturally diverse learn through distance education*. Keynote address at 2nd International Online Education Conference, Gori University, Gori, Republic of Georgia.

Weathers, R. S. (2009, August). *California Southern University links up with the Consortium for Physicians from Latin America*. Television interview presented to Telemundo TV, Santa Ana, CA.

Weathers, R. S. (2009, August). *Carl Jung on psychotherapy, spirituality, and interpersonal relationships*. Seminar presented live and online to faculty, staff, and graduate psychology students at California Southern University, Santa Ana, CA.

Weathers, R. S. (2009, July). *Carl Jung on psychotherapy and spirituality*. Seminar presented live and online to faculty, staff, and graduate psychology students at California Southern University, Santa Ana, CA.

Weathers, R. S. (2009, June). *Carl Jung on artistic creativity*. Seminar presented live and online to faculty, staff, and graduate psychology students at California Southern University, Santa Ana, CA.

Weathers, R. S. (2008, November). *Training to become an effective psychotherapist*. Seminar presented live and online to faculty, staff, and graduate psychology students at California Southern University, Santa Ana, CA.

Weathers, R. S., & Hassel, G. (2007, November). *Bouncing off, bouncing back: Resilience to stress for the already successful*. Seminar presented to working professionals at Rotary Club, Van Nuys, CA.

Recent Workshops Attended

"Nurturing the Heart with the Brain in Mind" (36-hour, year-long immersion online course with Dr. Bonnie Badenoch), Professional Counseling & Psychotherapy Seminars Ireland, 2022

"Opening to Our Minds: Mindfulness Meditation" (8-hour online workshop with Dr. Jon Kabat-Zinn), SoundsTrue, Boulder, CO, 2022

"Treating Trauma and Addiction with the Felt Sense Polyvagal Model (6-hour workshop with Jan Winhall, M.S.W.), Professional Counseling & Psychotherapy Seminars Ireland, 2022

"Resilience: The Neuroscience of Coping with Disappointment, Difficulty, Even Disaster" (12-hour online workshop with Linda Graham, MFT), Professional Counseling & Psychotherapy Seminars Ireland, 2022

"The Power of Awareness: Mindfulness Meditation" (19-hour online workshop with Drs. Jack Kornfield & Tara Brach), SoundsTrue, Boulder, CO, 2022

"Treating Trauma and Addiction with the Felt Sense Polyvagal Model" (online webinar with Jan Winhall, M.S.W.), Professional Counseling & Psychotherapy Seminars Ireland, 2022

"Soberful" (online webinar with Veronica Valli, LMFT), Seattle, WA, 2022

"The Heart of Trauma: Healing Our Embodied Brains in the Context of Relationships" (13-hour online workshop with Dr. Bonnie Badenoch), Professional Counseling & Psychotherapy Seminars Ireland, 2022

"Developmental Trauma: The Unseen Road to Addiction" (3-hour online workshop with Liam O'Mahony), Professional Counseling & Psychotherapy Seminars Ireland, 2022

